Psalm 138:3

3 As soon as I pray, you answer me; 
you encourage me by giving me strength.

4 Every king in all the earth will thank you, LORD, 
for all of them will hear your words.

5 Yes, they will sing about the LORD’s ways, 
for the glory of the LORD is very great.

6 Though the LORD is great, he cares for the humble, 
because he keeps his distance from the proud.

7 Though I am surrounded by troubles, 
you will protect me from the anger of my enemies. 
You reach out your hand, 
and the power of your right hand saves me.

8 The LORD will work out his plans for my life— 
for your faithful love, O LORD, endures forever. 
Don’t abandon me, for you made me.

139 For the choir director: A psalm of David.

1 O LORD, you have examined my heart 
and know everything about me.

2 You know when I sit down or stand up, 
You know my thoughts even when I’m far away.

3 You see me when I travel 
and when I rest at home. 
You know everything I do.

4 You know what I am going to say 
even before I say it, LORD.

5 You go before me and follow me. 
You place your hand of blessing on my head.

6 Such knowledge is too wonderful for me, 
too great for me to understand!

7 I can never escape from your Spirit! 
I can never get away from your presence!

8 If I go up to heaven, you are there; 
if I go down to the grave,* you are there.

9 If I ride the wings of the morning, 
if I dwell by the farthest oceans, 
even there your hand will guide me, 
and your strength will support me.

10 I could ask the darkness to hide me 
and the light around me to become night— 
but even in darkness I cannot hide from you.

To you the night shines as bright as day. 
Darkness and light are the same to you.

11 You made all the delicate, inner parts of my body 
and knit me together in my mother’s womb.

12 Thank you for making me so wonderfully complex! 
Your workmanship is marvelous—how well I know it.

13 You watched me as I was being formed in utter seclusion, 
as I was woven together in the dark of the womb.

14 You saw me before I was born. 
Every day of my life was recorded in your book.

139:8 Hebrew to Sheol.
Psalm 139:1-6

_O Lord, You have examined my heart and known everything about me._

You know when I sit down or stand up,
You know my thoughts even when I'm far away.

You know what I am going to say even before I say it, Lord.
You go before me and follow me.

I am amazing to You.
You know more about my heart than I do.
You place your hand of blessing on my head.
Such knowledge is too wonderful for me,
Too great for me to understand!